

TEE

DATE: _____ TIME: _____

JACKSON GENERAL

REGIONAL HOSPITAL

BEFORE TEE:

DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE YOUR PROCEDURE IF YOUR PROCEDURE IS BEFORE NOON. IF YOUR APPT IS IN THE AFTERNOON, YOU MAY HAVE A LIGHT BREAKFAST

YOU WILL NEED TO GO TO THE OUTPATIENT DEPARTMENT OF THE HOSPITAL. YOUR ARRIVAL TIME IS ABOUT 3 HOURS BEFORE THE PROCEDURE. THIS ALLOWS THE HOSPITAL TO COMPLETE ALL YOUR PAPERWORK AND DRAW ANY BLOOD THAT HAS BEEN ORDERED.

DURING THE PROCEDURE:

The patient is made to lie on the left side. A sedative is given through an intravenous (IV) line to help in relaxation and the throat is sprayed with an anesthetic to "numb" it. The TEE echo transducer is much smaller than the standard Echo equipment and is positioned at the end of a flexible tube (similar to the tube used to examine the stomach during endoscopy). The tube transfers the images from the transducer to the Echo monitor.

The transducer at the end of the tube is positioned in the esophagus, directly behind the heart. By rotating and moving the tip of the transducer, the physician can examine the heart from several different angles. The heart rate, blood pressure and breathing are monitored during the procedure. Oxygen is given as a preventive measure and suction is used, as needed.

AFTER THE PROCEDURE:

Driving is not allowed for 12 hours (because of the use of sedatives). Eating and drinking should be avoided for at least two hours because the throat will still be numb and the food or drink could be aspirated into the lungs. Hot food and drinks should not be used for about 24 hours. The throat may be sore and throat lozenges can be used after two hours of the procedure. It is unusual to experience bleeding, persistent pain or fever. These should be reported to the physician.